



ADMORE
BEHAVIORAL THERAPY
CARE WHERE YOU ARE

(713) 910-0296
info@admoregroup.com
admoregroup.com

ADMORE GROUP

Welcome Kit

A guide for new clients and families beginning services with us

Serving children ages 3+, adolescents, adults, and families throughout Texas

In Your Space

At home, at school, or an agreed-upon community location.

One Care Team

Skills training, case management, and counseling, coordinated.

Trauma-Informed

Licensed, trauma-informed clinicians serving ages 3 through adulthood.

Care Where You Are.

Proudly serving families across Texas.

A WARM WELCOME

Welcome to the Admore Group Family

Dear Family,

Thank you for trusting Admore Group with the care of your child or family member. Starting mental health services is a big step, and we want you to feel supported, informed, and never alone in this process.

Admore Group provides compassionate, community-based mental health care for children ages 3 and up, adolescents, adults, and families. Whatever brought you to us — big emotions, a tough transition, a need for extra support at home or school — our team is here to walk alongside you, on your terms and in your space.

This Welcome Kit is designed to answer your first questions: what happens next, who you'll be working with, what to expect from each service, and how to reach us any time you need to. Keep it handy during your first few weeks with us.

We're glad you're here.

With care,

The Admore Group Team

GETTING STARTED

What Happens Next

Every family's path looks a little different, but most new clients move through the same five steps on the way to their first session.

Referral & Intake

1

A referral is submitted (by you, a caregiver, school, or another provider), and our intake team gathers background information and answers initial questions.

Assessment

2

A member of our clinical team meets with you and your child to understand their needs, history, and goals — at home, at school, or by telehealth.

Personalized Treatment Plan

3

Using the assessment, we build a plan tailored to your family, with clear, measurable goals and the right mix of services.

Services Begin

4

Your care team starts regular visits or sessions on an agreed schedule, at a time and place that works for your family.

Ongoing Check-ins & Adjustments

5

We review progress regularly and adjust the plan as your family's needs change, until treatment goals are met.

Most families never need to visit an office — skills training and case management happen in person at home, school, or another agreed-upon location, and counseling is delivered by secure telehealth.

OUR SERVICES

One Team, Full Continuum of Care

Admore Group offers three core services, often used together as part of one coordinated care plan. Your treatment team will help determine which combination is right for your family.

Skills Training

Tools for managing anger, stress, and big emotions — building healthy coping strategies, better decision-making, and communication.

Case Management

Connecting families to community resources, healthcare, and schools — with planning, advocacy, and regular follow-ups.

Counseling

A safe space to work through anxiety, anger, and depression using proven, evidence-based therapeutic techniques.

Therapeutic Approaches Offered

- Art Therapy
- Cognitive Behavioral Therapy (CBT)
- Family Therapy
- Mindfulness-Based Cognitive Therapy
- Person-Centered Therapy
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Reunification Therapy

YOUR SUPPORT NETWORK

Meet Your Care Team

Depending on your treatment plan, your family may work with one or more of the following team members. They collaborate closely with one another — and with you — to make sure everyone is working toward the same goals.

Your Case Manager

Your main point of contact for coordinating care, connecting resources, and checking in regularly.

Your Therapist / Counselor

A licensed clinician leading counseling sessions with trauma-informed, evidence-based approaches.

Your Skills Trainer

Works directly with your child in real-world settings to build coping and communication skills.

Every client is individually assessed, and our staff are trained in trauma-informed, culturally responsive care so treatment reflects your family's specific needs and background.

PARTNERING WITH US

Getting the Most Out of Your Sessions

A LITTLE PREPARATION GOES A LONG WAY

- Set up a quiet, private space for telehealth counseling sessions, free from distractions.
- Be available and present for in-home or in-school visits, and let your care team know if plans change.
- Share updates — new stressors, school changes, family changes — so the treatment plan stays relevant.
- Encourage practice of take-home skills and strategies between sessions.
- Reach out anytime with questions, concerns, or feedback — you're a partner in this process.
- Let us know as early as possible if you need to reschedule an appointment.

INSURANCE & BILLING

Accepted Insurance

INSURANCE ACCEPTED

- Most Forms of Traditional Medicaid
- Superior HealthPlan
- Optum
- Texas Children's Health Plan
- Aetna-Medicaid
- Blue Cross Blue Shield-Medicaid
- Driscoll Health Plan

Certified Woman-Owned Business Enterprise (City of Houston) and HUB Certified.

Coverage and accepted plans can change, so please confirm your specific benefits with our office at (713) 910-0296 or info@admoregroup.com before your first appointment.

GOOD TO KNOW

Frequently Asked Questions

What ages do you serve?

We serve individuals from age 3 through adulthood.

Do you have a clinic where you provide services?

Our therapy sessions are provided virtually via telehealth, and our skills training and case management services are conducted in person — we come to you. Most clients never need to visit our office.

What kind of services are provided in case management?

Case management services are individualized to each client or family's treatment plan and may include connection to community resources, collaboration with other providers, collaboration with school staff, and more.

How long do services last?

Services continue until the goals outlined in your treatment plan have been successfully achieved.

What types of therapy do you offer?

Art Therapy, Cognitive Behavioral Therapy (CBT), Family Therapy, Mindfulness-Based Cognitive Therapy, Person-Centered Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Reunification Therapy.

What experience do you have working with children and adolescents with specific needs?

Our case managers and therapists have extensive experience with developmental delays, behavioral challenges, emotional disturbances, trauma, and other mental health concerns. Each child is individually assessed and given a personalized treatment plan, and our staff are trained in trauma-informed, culturally responsive care.

How do I contact the office with a question, to reschedule, or to give feedback?

Call (855) 923-6673 (toll-free) or (713) 910-0296, email info@admoregroup.com, or use the contact form at admoregroup.com/contact-us.

WE'RE HERE FOR YOU

Contact & Support

Our team is here whenever you need us — before, during, and between sessions.

REACH US ANYTIME

Office: (713) 910-0296

Toll-Free: 1-855-923-6673

Fax: (713) 910-0358

Email: info@admoregroup.com

Hours: Monday – Friday, 9am – 5pm (Saturday – Sunday: appointment only)

Referral Form: forms.office.com/r/izUJti1xG5

Proudly serving families across Texas — providing compassionate, community-based care for children ages 3 and up, adolescents, adults, and families, at home, at school, or wherever meets your needs.

We're honored to be part of your family's journey.